

Both

Choregraphie par: Dave Morgan & Jenny Stevenson

Description: 48 temps, 2 murs, Intermediaire valse, Septembre 2019

Musique: 'Both' by Ingrid Andress

STEP SWEEP, TWINKLE 1/2 TURN, CROSS LUNGE, SIDE, TWINKLE

1,2,3 Step Left Across Right, Sweep right back to front over 2 Counts.

4,5,6 Cross step right over left, Step left back ¼ turn right, Step right to right side ¼

turn right.

7,8,9 Cross left over right lunge/rocking weight onto left, Recover on right, Step Left to

left side.

10,11,12 Cross right over left. Step left to left side, Step right beside left.

CROSS, ¼, ½, BACK ½ STEP, ROCK RECOVER BACK, BACK SWEEP, BACK SWEEP

13,14,15 Cross left over right. Step back on right making ¼ turn left. Step forward on left making ½ Left.

16,17,18 Pushing off left step back right, Make ½ turn left, stepping forward on left. Step right Forward.

19,20,21 Rock forward left. Recover on right. Step left back.

22,23,24 Step back right sweeping left front to back, Step back left sweeping right front to

back, Step back right sweeping left front to back.

BEHIND, CHASSE, CROSS UNWIND, SWEEP, BEHIND SIDE ROCK, BEHIND, CHASSE.

25,26&27	Step left behind right. Step right to right side. Step left beside right. Step right to
right side	
28,29,30	Cross left over right. Unwind ¾ turn right. Sweeping right front to back.
31,32,33	Step right behind left. Rock left to left side. Recover on right.
34, 35&36	Step left behind right. Step right to right side. Step left beside right. Step right to
right side	

WALK AROUND ½ ARC, LUNGE/ROCK, RECOVER, BACK, COASTER STEP.

37,38,39	Making an arc walk around. Left, right, left.
40,41,42	Complete ½ turn left walking Right, left, right.
43,44,45	Lunge forward on left. Recover on right. Step left back.
46,47,48	Step back on right. Step left beside right. Step right forward.

TAG: 6 Count Tag At The End Of 2nd Wall. Repeat Counts 43-48

- 1,2,3 Lunge forward on left. Recover on right. Step left back.
- 4,5,6 Step back on right. Step left beside right. Step right forward.

