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| If You Believe |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Easy Intermediate | . |
| **Choreographer:** | Gary O'Reilly (IRE) - April 2023 | | | | |
| **Music:** | If You Believe - Strive to Be & Patch Crowe : (iTunes, amazon, Spotify) | | | | |
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**#20 count intro (dance starts on the lyric “defeated”)**

**Section 1: WALK R, WALK L, ROCKING CHAIR, STEP, TOUCH, BACK LOCK BACK**

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| --- | --- |
| 1 2 | Walk forward R (1), walk forward L (2) |

|  |  |
| --- | --- |
| 3&4& | Rock forward on R (3), recover on L (&), rock back on R (4), recover on L (&) |

|  |  |
| --- | --- |
| 5 6 | Step forward on R (5), touch L next to R (6) |

|  |  |
| --- | --- |
| 7 & 8 | Step back on L (7), cross R over L (&), step back on L (8) |

**Section 2: SHUFFLE ½, STEP, PIVOT ½, STEP, R DOROTHY, L DOROTHY**

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| --- | --- |
| 1 & 2 | ¼ R stepping R to R side (1), step L next to R (&), ¼ R stepping forward on R (2) (6:00) |

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| --- | --- |
| 3 & 4 | Step forward on L (3), pivot ½ R (&), step forward on L (4) (12:00) |

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| --- | --- |
| 5 6 & | Step forward on R as you begin to drag L behind R (5), lock L behind R (6), step forward on R (&) |

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| --- | --- |
| 7 8 & | Step forward on L a as you begin to drag R behind L (7), lock R behind L (8), step forward on L (&) |

**Section 3: SIDE ROCK, & SIDE, TWIST, TWIST, BACK ROCK SIDE, L SAILOR ¼ HEEL**

|  |  |
| --- | --- |
| 1 2 | Rock R to R side (1), recover on L (2) |

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| & 3 | Step R next to L (&), step L to L side turning L toe out to L in preparation for swivels (3) |

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| --- | --- |
| & 4 | Swivel both heels L (&), swivel both toes L to face front (weight ends on L) (4) |

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| 5 & 6 | Rock R behind L (5), recover on L (&), step R to R side (6) |

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| 7 & 8 | Cross L behind R (7), ¼ L stepping R to R side (&), tap L heel to L diagonal (8) (9:00) |

**Section 4: & CROSS, BACK SIDE CROSS, CHASSE SIDE ROCK, BEHIND ¼ TOUCH**

|  |  |
| --- | --- |
| & 1 | Step L in place (&), cross R over L (1) |

|  |  |
| --- | --- |
| 2 & 3 | Step back on L (2), step R to R side (&), cross L over R (3) |

|  |  |
| --- | --- |
| 4 & | Step R to R side (4), step L next to R (&) |

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| --- | --- |
| 5 6 | Rock R to R side (5), recover on L (6) |

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| --- | --- |
| 7 & 8 | Cross R behind L (7), ¼ L stepping forward on L (&), touch R next to L (8) |

**\*TAG: At the end of Wall 2 facing (12:00)**

**WALK R, WALK L, MAMBO FWD, WALK BACK, WALK BACK, COASTER STEP**

|  |  |
| --- | --- |
| 1 2 | Walk forward on R (1), walk forward on L (2) |

|  |  |
| --- | --- |
| 3 & 4 | Rock forward on R (3), recover on L (&), step back on R (4) |

|  |  |
| --- | --- |
| 5 6 | Walk back on L (5), walk back on R (6) |

|  |  |
| --- | --- |
| 7 & 8 | Step back on L (7), step R next to L (&), step forward on L (8) |

**Then restart the dance from the beginning**

**\*\*TAG: At the end of Wall 5 facing (6:00)**

**OUT, OUT, BACK, L COASTER HEEL, HOLD, HOLD, &**

|  |  |
| --- | --- |
| 1 2 3 | Step forward and diagonally out R (1), step forward and diagonally out L (2), step back on R (3) |

|  |  |
| --- | --- |
| 4 & 5 | Step back on L (4), step R next to L (&), tap L heel forward (5) |

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| --- | --- |
| 6 7 | HOLD (6), HOLD (7) |

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| --- | --- |
| & | Step L next to R (&) |

**Dance restarts as the artist sings “BE(&)LIEVE(1)”**

**\*it takes a little bit of practice but you’ll get it….**

**ENDING: Dance 16 counts of Wall 7, finish the dance facing (12:00) by stomping R to R side (12:00).**

**Contact:**

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